Salado Independent School District



Ashley Arisco-Faglie, RN, BSN Phone: (254) 947-6944 E-mail: <u>Ashley.faglie@saladoisd.org</u>

Dear Parent/Guardian,

The importance of regular school attendance cannot be over-stressed; however, there are times when a student should stay home for their own protection and to prevent exposure to others. Please read the following guidelines for all students.

- Do not send your child to school if he/she feels ill and has a fever (oral temperature of 100 degrees or more) or if they had a fever in the late evening they day before. The student should be **fever free** of any fever for **at least 24 hours** before returning to school. If the fever continues for more than 48 hours, please consult a doctor.
- Do not send your child to school if they have nausea/vomiting or diarrhea during the late evening, during the night or after arising that morning. They should be **free of any vomiting or diarrhea for at least 24 hours** before returning to school. During this time they need extra rest and fluids to prevent dehydration.
- If your child has an infection that is being treated with antibiotics (ex. Strep throat, pink eye, rash or sores) they <u>will be contagious for at least 24 hours after the first does and therefore needs to</u> <u>miss at least the next day of school</u>. Remember with any infection it is important to take all medication as directed.

Although many children have received the chicken pox vaccine, there are still some who will contract the illness. It is very important that they remain out of school once the blister "break out" 10-21 days after exposure to the disease. Symptoms include slight fever and small red spots topped by a small clear blister (they often first appear on the scalp/face and then on the body).

Optimal learning requires good emotional and physical health. Should you nee any information or assistance concerning your child's health, please feel free to contact me at any time.

Thank you for your cooperating!

Sincerely,

Ashley Arisco-Faglie, RN, BSN SISD School Nurse

PLEASE READ THE SCHOOL MEDICATION POLICY LOCATED ON THE BACK OF THIS LETTER!!!

SISD School Health Medication Policy

Please note that non-prescription and prescription medications must have a permission form filled out before any medication will be given to your child!

Prescription Medications:

- A parent/guardian AND primary care physician MUST sign the permission slip prior to administering prescriptions at school.
- Prescription medications MUST be in the original container and be properly labeled.
- Inhalers and/or nebulizers must be properly labeled. Permission slips are also required, signed by both the parent and physician.

Permission Slips are available in the school nurse's office and at www.saladoisd.org (click on departments and choose Health)

Non-Prescription Medications:

The nurse <u>will not</u> provide any medication for students. Only medication provided by and requested by the parent/guardian will be dispensed. "Medication" is recognized as prescription as well as non-prescription drugs and includes, but is not limited to; analgesics (Tylenol, Ibuprofen), antacids (Tums, Pepto Bismol), antihistamines (Benadryl, Benadryl cream), and cough/cold preparations (cough drops).

A parent/guardian may bring any over-the counter medications to school, but it must be in the original container. Permission slips must be signed by a parent/guardian in order to administer ANY medication.